

Hello AMSA members!

Happy Week 8!! As promised, information regarding our upcoming events are below!

General

****GBM #4****

When: Wednesday, February 26th; 8 PM - 9:30 PM

Where: Center 109

Featuring our speaker who is a Kaplan MCAT prep Representative! At GBM, we will have FREE pizza and prizes! Following GBM #4, you will have the chance to sign-up for membership as well as socialize with other AMSA members and officers!

****Membership Options****

OPTION 1: National membership

Cost: **\$75/4 years**

National AMSA has changed their policy! In compliance, UCSD AMSA will only be accepting the \$75/5years national membership (you can sign up through www.amsa.org for premedical membership). National membership allows you to list yourself as “AMSA member” on any applications or official documents.

Benefits include:

- Our new t-shirt every year
- Access to all UCSD AMSA events
- Get an AMSA family!
- Gain points for active membership and member of the quarter/year awards
- 15% off Princeton Review courses
- 10% off Kaplan courses
- More details on National AMSA website

OPTION 2: AMSA beneficiaries

Cost: **\$20/year**

Due to the policy changes, UCSD AMSA is having a new program that will allow you to explore the healthcare field through the different opportunities.

Benefits:

- Our new t-shirt for this year
- Access to our events
- Get an AMSA family!

Restrictions:

- No discounts for Princeton Review or Kaplan unless you win a course auction
- You CANNOT put “AMSA member” on any applications or official documents

If you have any questions, contact **Sadaf** at skhwajaz@ucsd.edu

****Membership Office Hours/Sign-Up for Membership Today!****

Sign up for national AMSA Membership or AMSA beneficiary after GBM today or at Gaby's office hours:

- **Fridays @ 9 AM - 10 AM at The Hub (located next to the Triton Food Pantry)**
- **By appointment! :) (shorturl.at/vzQX3)**

Cost: **\$75 for national membership (go to www.amsa.org) OR \$20 for AMSA beneficiary**
 Receive this year's AMSA T-Shirt!

****For National Membership you must sign-up + pay online beforehand**
 (<https://www.amsa.org/members/join/>)

Note that if you purchased national membership in the past and it is still valid for this year, you still need to fill out our google form after GBM (or at office hours) and receive your T-shirt. If you just purchased national membership this year, please provide proof of purchase (your AMSA ID) and fill out our google form after GBM (or at office hours) and receive your T-shirt. If you have any questions, contact **Sadaf** at skhwajaz@ucsd.edu or **Gaby** at gmbailon@ucsd.edu

****Officer Board Elections 2019-2020****

Applications sent out: **Sunday, March 1st (Sunday before Week 9 Winter Quarter)**

Applications due: **Sunday, March 29th at 11:59pm (Sunday before Week 1 Spring Quarter)**

Applications for next year's office board will be sent out at the end of this quarter and will be due at the beginning of spring quarter! We invite you to apply for a position to be a part of the AMSA leadership. Members are allowed to apply for any officer board position except for President, Vice President, and Community Advisor. Descriptions of all officer positions will be sent out every Sunday to those who fill out the interest link.

If you're interested, come out to our Officer Meetings. It's a great chance to get to see how we run and to start thinking about which officer positions you'd like to apply for. They last about 1 hour and locations will be announced on our Facebook page, website, and weekly emails.

Last Open OM:

- Sunday March 1st at 6 PM (Week 9)

Also, feel free to contact the officer in the positions you're interested in (you can find our emails on our website at <http://www.ucsdamsa.com/meet-the-officers>) to meet with them and ask questions about what their job entails! ***This year we are making it a requirement to meet with all officers whose positions you are interested in! Please refer to the weekly email to get the slip required for officer signatures. The officers who you will meet with to discuss the positions you are interested in MUST sign the form! Note: You must have been on the officers board for 1 year to apply for President, Vice President and Community Advisor.***

If you have any questions, feel free to email **Sadaf** at skhwajaz@ucsd.edu

****Class Advice Forum****

Don't know which Professor to take or what classes to pick? Fill out our advice form and have your fellow peers and officer board give you advice! *Feel free to answer questions even if you are not an AMSA officer!*

Advice Form:

https://docs.google.com/spreadsheets/d/1kL4sDE2vbqXId_fpBQkYJZthnh4Rt_BMbn-EyeQFng/edit?usp=sharing

If you have any questions, contact **Matthew** at mdy003@ucsd.edu

Professional Development

****Dr. Resnik Advising****

When: Tuesday, February 25th; 12 PM - 1:20 PM (Week 8)

Where: SSC 554A

Dr. Resnik, our faculty adviser, has had many years of experience as an OBGYN as well as former Dean of Admissions for the School of Medicine at UCSD! Come ask about any questions you might have one on one with Dr. Resnik. There will be four 20-minute sessions from 12 PM - 1:20 PM on 2/25/20. You must be an active AMSA member to participate, and selections made first come first serve.

Sign-Up Link: <https://forms.gle/Qo8WbGGBA4cgsj5X6>

If you have any questions, contact **Chris** at chc398@ucsd.edu

****School of Medicine Tour****

When: Thursday, February 27th; 12 PM - 2 PM

Where: Meet at Club Med

Have you ever wanted to take a tour of the UC San Diego School of Medicine? Have you ever wanted to talk to a med student? Good news! You can do both at our SOM tour lead by a med student where you'll have an opportunity to ask a med student any burning questions you may have while take a tour of the beautiful facilities a hop, skip, and jump away. The SOM tour will take place on Thursday, February 27th at 12pm-1pm. We will be meeting at the Club Med dining Hall located on the SOM campus.

Google Form Link: <https://forms.gle/HyWoXmqXnuohsXzd8>

If you have any questions, contact **Chris** at chc398@ucsd.edu

Social

****Laser Tag****

When: Saturday, March 7th; 4 PM - 7:30 PM

Where: 3146 Sports Arena Blvd #2, San Diego, CA 92110

Cost: \$16

Sign up link: <https://forms.gle/WZbNEJp7qhAr6Ne9>

Pew pew! Darkness and laser vests! It's time to test your aims in this (fake) fight to the death! Just kidding, we're going to laser tag to have some fun running around and shooting light beams at each other. Are you ready to claim the crown?

If you have any questions, contact **Amy** at aljiao@ucsd.edu.

****AMSA Workout****

When: TBA

Where: TBA

This event is a work in progress and intended as a replacement for IM Sports, an event which has recently been out of service due to scheduling issues. This event will emphasize interpersonal development between AMSA members (now you can work together to support your physique as well!). Please click on the link below for more information. As we gauge your interest, we will let you know as soon as possible with updates regarding the event!

Interest form: <https://forms.gle/bVSF74RUao2auq3A>

If you have any questions, contact **Sun** at ssl104@ucsd.edu

Community Service

****First Saturday's****

When: Saturday, March 7th; 11:30 AM - 2 PM

Where: Downtown San Diego (Meet at Peterson Loop for shuttling)

First Saturdays is an organization that brings supplies directly to San Diego's poor and homeless population every first Saturday of the month. It's a really rewarding and heart warming experience to take part in, so I hope you can make it out! CAPPED AT 20 (LAST COMMUNITY SERVICE EVENT OF THE QUARTER)

Google Form Link:

<https://docs.google.com/forms/d/1PQ3kuFOEvRVnpGWlq69gCLYGLFmocvuM6isCE7SqnJ4/edit>

If you have any questions, contact **Tina** at tim010@ucsd.edu

Community Outreach

****Health Fair Committee Meeting****

When: Sunday, March 1st; 5 PM - 6 PM

Where: TBA

Are you looking for an opportunity to show your leadership skills? UCSD AMSA is going to host its 11th annual health fair and we need your help with planning, organizing, and executing it! Come out to our health fair committee meetings to be assigned a committee and learn more about how you can help and get involved! It's never too late to get started!

Sign-up link to be in a committee:

https://docs.google.com/forms/d/e/1FAIpQLSfTqdoiYOKLzRIQmRqU66QfGeBQh8fD2ET2poVfmLEvZXHu5A/viewform?usp=sf_link

If you have any questions, contact **Caroline** at csheikhz@ucsd.edu

****Healing Hearts Across Borders****

When: Thursday, May 14th - Saturday, May 16th

Where: Tijuana, Mexico

Cost: **\$75** which covers travel fees, and room and board. **Food is not included in this \$75 trip costs.

For a weekend, HHAB takes volunteers to Tijuana, where they provide free medical care in the form of clinics to underserved areas. Volunteer alongside doctors, dentists, and pharmacy specialists and gain an invaluable hands-on experience!

Thank you to those who went on our trip this weekend!

DEADLINE TO APPLY: April 15th @ 11:59pm

<https://forms.gle/CPLpVJ67jkJpwwkf6>

If you have any questions, contact **Caroline** at csheikhz@ucsd.edu

Fundraising

****Spam Musubi on Library Walk**

When: Monday, February 24th; 9 AM- 2 PM

Where: Library Walk (Block TBA)

Thanks to our very generous donations and volunteers, we will be selling Spam Musubi on Library Walk. Please come out to help out or to come support our organization!

Sign up: <https://forms.gle/VG5xEhVb26Mz8JWZA>

If you have any questions, contact **Shawn** at shw268@ucsd.edu

****Practice Full Length MCAT****

When: Saturday, February 29th; 8 AM - 4 PM

Where: Warren Lecture Hall (Room not confirmed)

Cost: \$10; \$15 at the door

The Princeton Review is providing a full length Mock MCAT for UCSD AMSA members. This will be on a Saturday, as we are trying to make it as similar as possible to test day.

Please sign-up at this link: <https://forms.gle/ckg1v5NJ3a3PJ1GM8>

I will be accepting the payments through Venmo or in person.

You can pay me at office hours or after GBM.

If you have any questions, contact **Shawn** at shw268@ucsd.edu

****Office Hours for Donations and Sweaters****

When: Tuesdays and Thursdays; 11:30 AM - 12 PM

Where: TapEx on campus

I will be taking requests to purchase any sweaters and donations.

Spam Musubi

1 small bag of white rice = 1 hour

1 small bottle of soy sauce = 1 hour

1 small bag of sugar = 1 hour

Sweater

\$25 for a sweater

Please fill out the order form and email me once it is finished.

Order Form: <https://forms.gle/5VC45FS5dgdHhtt96>

If you have any questions, contact **Shawn** at shw268@ucsd.edu

****Graduation Stoles/Cords****

Due: Friday, February 28th

Price: \$52 for Stoles and \$12 for Cords

Order: After GBM or by appointment! Email skhwajaz@ucsd.edu to set up an appointment to purchase stoles!

If you are a senior who is graduating this Spring or someone who would like to buy a graduation stole or cord for future years, please email me to set up an appointment to purchase a stole/cord and fill out a form with the information you'd like printed on your stole.



If you have any questions, contact **Sadaf** at skhwajaz@ucsd.edu.

Community Advising

****Preuss School Tutoring****

When: Twice weekly all quarter

Where: Preuss School

Come tutor for a quarter with Preuss School, a UCSD charter school that serves the under-served students of San Diego!

Sign Up:

https://docs.google.com/forms/d/e/1FAIpQLScO64_1lBnZOvIYsdP9IffTxacW78lHGjv6WJ_DrIZhcvjyGA/viewform

If you have any questions, contact **Kirsten** at kseuter@ucsd.edu.

****Officer Reviews****

Please let us know how we are doing! If you have something to say about an officer, positive or constructive criticism, please let us know by filling out the ANONYMOUS google forms below!

Review:

https://docs.google.com/forms/d/e/1FAIpQLSexVsOhWSQ_4aiKBe2ILyGgqp6IYvMaLke-Tjp5oXR6Cu_qjg/viewform

****Event Reviews****

Please let us know how we are doing! If you have something to say about an event, positive or constructive criticism, please let us know by filling out the ANONYMOUS google form below!
Review:

https://docs.google.com/forms/d/e/1FAIpQLSfoU2Ttzyz29IHkRDnzBx_psx7vm9GQMJeBsmiYqZyAE1coTg/viewform

Philanthropy

****Aorta In-N-Out Fundraiser****

When: Monday, February 24th; 9 AM- 2 PM

Where: Library Walk (Block TBA)

Come out to help us sell In-N-Out so that we can raise money for Aseel and Abdelrahman!

Sign up: <https://forms.gle/ta6vLAJyPYTej8Zy7>

If you have any questions, contact **Chris** or **Caroline** at chc398@ucsd.edu or csheikhz@ucsd.edu

Family Socials

****Aorta and Deltoid Joint Social****

When: Friday, February 28th; 7:30 PM - 9 PM

Where: Meet at Mandeville Loop for shuttling

Come out to a spoOoOky escape room with your Aorta and Deltoid family! Tickets are \$17 a person, there are only 9 spots, so sign up quickly! Shuttling will be provided at 7:30 PM at Mandeville loop!

Sign up: <https://forms.gle/YRcrFJvnowUP9H126>

If you have any questions, contact **Chris, Caroline, Sadaf, or Matt** at chc398@ucsd.edu, csheikhz@ucsd.edu, skhwajaz@ucsd.edu or mdy003@ucsd.edu.

Stay up to date on all our events by visiting our website: www.ucsdamsa.com

Join our facebook group: <https://www.facebook.com/groups/UCSDAMSA/>

Instagram: [@ucsdamsa](https://www.instagram.com/ucsdamsa)

****If you wish to unsubscribe to AMSA e-mails, please e-mail mdy003@ucsd.edu with the unsubscribed email stating your wish to be unsubscribed.****

Best Regards,

Matthew Yu

Biochemistry and Chemistry B.S. Candidate '20

University of California, San Diego

American Medical Student Association Secretary

mdy003@ucsd.edu